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Mediated Communication

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Mediated Communication

Communication plays a critical role in enhancing an understanding between individuals. Therefore, through communication, people can share their ideas, feelings, and perceptions about one another or something. Face-to-face communication has been a trending form of communication in the past; the emergence of technology changed communication. For example, the internet resulted in social media sites such as Twitter and Facebook, which have made communication and interaction simpler regardless of location. This paper will focus on the benefits and drawbacks of mediated communication in my interpersonal relationships.

Chapter 2 emphasize that relationships can only develop through good communication. Therefore, individuals need to be true to themselves and, at the same time, the other party to be honest as they engage in contact with each other. Through this, individuals can build intimacy and thus developing stronger interpersonal relationships. The same source also adds that individuals are inspired to express their thoughts while listening well and honoring other people's ideas. This will make us exchange information concerning ourselves and learning more regarding individuals in our lives. Mediated communication has developed significantly hence becoming part of our lives. Since it has become an integral part of everyday life, it has altered the way individuals communicate, indicating that it is the best tool for interacting with our friends and families. People can learn new believes and values from their counterparts by exposing us to several perceptions, thus broadening our thinking.

Another benefit of using mediated communication is improving our relationship preservation behaviors. People have become busy in the current global world, making them live in different parts of the world. Therefore, using social media sites such as Facebook, we are provided with a platform to utilize the free time in our busy schedules to relate with individuals

we interact with less face-to-face. According to Chapter 2, networking enables people to uphold their relations with individuals in distant regions. Also, mediated communication such as social media has changed the way we present ourselves and perceive others. When interacting with social media friends, we will enhance our self-image to impress the social media friends. Through these individuals can improve their communication skills by communicating with other friends from different diverse backgrounds. Another benefit of mediated communication to an interpersonal relationship is presented by Chapter 2 stating that mediated communication improves interpersonal fulfilment in romantic associations. For instance, individuals in a relationship and are in long-distance, that utilizes mediated communication such as texting have indicated enhanced intimacy and love than those using face-to-face communication.

Mediated communication has immense benefits to individuals' interpersonal relationships; however, it also has several drawbacks. For example, when individuals depend overly on mediated communication, they may become addicted. This may result in decreased attention on close associations, thus making them develop unhealthy inactive lives. Also, addiction to the internet has other effects on an individual's life, such as high spending and reduced time utilized in working. It leads to monetary constraints that will make them not concentrate on other social events that might affect their interpersonal relationships.

In summation, communication is vital in maintaining our interpersonal relationships. Hence, the emergence of the internet resulted in mediated communication emerge such as social media. This has more benefits in maintaining our relationship regardless of the differences in geographical location. On the other hand, excessive usage of mediated communication may result in addiction, affecting our relationships.

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